



Technical Manual

Rat TRX (Thioredoxin) ELISA Kit

- **Catalogue Code: RTFI01190**
- **Sandwich ELISA Kit (Double Antibody)**
- **Research Use Only**

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3. Description and Principle

The Assay Genie Sandwich ELISA kit is a highly sensitive assay for the quantitative measurement of a specific analyte in the following samples: serum, blood, plasma, cell culture supernatant and other related supernatants and tissues.

How do our ELISA kits work?

The Assay Genie (enzyme-linked immunosorbent assays) assay kits are designed for the quantitative measurement of analytes in a wide variety of samples. As today's scientists demand premium quality, consistent data, Assay Genie have developed a range of sensitive, fast, and reliable ELISA kit assays to meet and exceed those demands.

This kit was based on sandwich enzyme-linked immune-sorbent assay technology. Capture antibody was pre-coated onto the 96-well plate. The biotin conjugated antibody was used as the detection antibody. The standards and samples are added to the wells and after incubation, unbound conjugates were removed using wash buffer. Then, biotinylated detection antibody was added to bind with the target bound to the coated antibody. After washing off unbound conjugates, HRP-Streptavidin was added. After a third washing, TMB substrates were added to visualize HRP enzymatic reaction. TMB was catalysed by HRP to produce a blue coloured product that turned yellow after adding acidic stop solution. Read the O.D. absorbance at 450nm in a microplate reader. The concentration of target in the sample is positively correlated with OD450 and can be calculated by plotting the standard curve.

Precautions:

1. To identify the concentration of your target, a pilot experiment using standards and a small number of samples is recommended.
2. Ensure unopened and unused plates are kept dry to avoid contamination.
3. Before using the kit, centrifuge tubes to spin down standards & antibodies.
4. Avoid light for storage of TMB reagents.
5. Wash steps are critical for the success of the assay, deviations from wash steps may cause false positives and result in a high background.
6. Duplicate wells are recommended for both standard and sample testing.
7. Do not let the microplate wells dry during assay. Dry plates will inactivate active components.
8. Do not reuse tips and tubes to avoid cross contamination.
9. Avoid using the reagents from different batches together.
10. Please wear the lab coat, mask, and gloves to protect yourself during the assay. Especially, for the detection of blood or other body fluid samples. Please follow regulations on safety protection of biological laboratory.

Quick Protocol

Step 1: Add 100 μ L standard or sample into each well, seal the plate and incubate for 90 minutes at 37°C.

Washing: Wash the plate twice.

Step 2: Add 100 μ L biotin-labelled antibody working solution into each well, seal the plate and incubate for 60 minutes at 37°C.

Washing: Wash the plate three times.

Step 3: Add 100 μ L SABC working solution into each well, seal the plate and static incubate for 30 minutes at 37°C.

Washing: Wash the plate five times.

Step 4: Add 90ul TMB substrate solution, seal the plate and incubate for 10 - 20 minutes at 37°C. (Accurate TMB visualization control is required.)

Step 5: Add 50ul stop solution. Read at 450nm immediately and calculate.

5. Workflow Overview



6. Sample Preparation

Notes for Samples:

- Blood collection tubes should be disposable and endotoxin free. Avoid using haemolyzed and lipemic samples.
- Samples must be stored for less than 5 days at 2-8°C; for 6 months at -20°C; and 2 years at -80°C. Store samples in liquid nitrogen for a longer storage. When melting frozen samples, a quick incubation in a water bath at 15 -25°C can reduce the effect of ice crystals on the samples. After melting, centrifuge to remove any precipitate, and then mix well.
- The detection range of this kit is not equivalent to the concentration of analytes in samples. For analyses with higher or lower concentrations, please properly dilute or concentrate your samples.
- A pre-test is recommended for special samples without reference data to validate their validity.
- Recombinant protein may not match with the capture or detection antibody in this kit and may result in a failed assay.

General considerations: According to best practices, extract protein & perform the experiment as soon as possible after sample collection. Alternatively, store the extracts at the designated temperature (-20°C/-80°C). For optimal results, avoid repeated freeze-thaw cycles.

Serum: Place your whole blood sample at room temperature for 2 hours or at 2-8°C overnight. Centrifuge for 20min at 1,000xg and collect the supernatant to detect immediately. Or you can aliquot the supernatant and store it at -20°C or -80°C for future assays.

Plasma: EDTA-Na₂/K₂ is recommended as the anti-coagulant for this kit. Centrifuge samples for 15 minutes at 1,000xg at 2-8°C within 30 minutes of sample collection. Once you collect the supernatant you can detect immediately. Alternatively, you can aliquot the supernatant and store it at -20°C or -80°C for future assays. For other anti-coagulant types, please refer to the sample preparation guideline.

Note: Over haemolyzed samples are not suitable for use with this kit.

Cell culture supernatant: Collect the cell culture media by pipette, followed by centrifugation at 4°C for 20 mins at 1,000 x g. Collect the clear supernatant and assay immediately. Or you can aliquot the supernatant and store it at -80°C for future assays.

Cell lysates:

Suspension Cell Lysate: Centrifuge at your sample at 2,500 rpm for 5 minutes (2-8°C). Add pre-cooled sterile PBS and gently mix. Re-centrifuge your sample as above to collect your cell pellet. Discard PBS following centrifugation, while not disrupting your pellet. Add 0.5-1 ml cell lysis buffer (*NP-40 lysis buffer or Triton X-100 surfactant are not recommended due to their interference with the antibody-antibody reaction*). Add a suitable protease inhibitor (e.g. PMSF, working concentration: 1 mmol/L). Lyse cells on ice for 30 min - 1 hour. During the lysis process, use a pipette tip or intermittent shaking of the centrifuge tube to completely lyse the cells. Alternatively, subject cells to fragmentation by sonication (14 μ M for 30 s) or ultrasonic cell disruptor (300 W, 3~5 s/time. 30 s intervals, four-five times). At the end of the lysis or ultrasonic disruption steps, centrifuge at your sample at 10,000 rpm for 10 minutes (2-8°C). Add the supernatant into a fresh Eppendorf tube and assay immediately, alternatively store at -80°C.

Adherent Cell Lysate: Aspirate your supernatant, followed by washing your cells with pre-cooled sterile PBS three times. Add 0.5-1ml cell lysis buffer and the appropriate protease inhibitor (e.g. PMSF, working concentration: 1mmol/L). Scrape the adherent cells with a cell scraper and transfer the sample to a centrifuge tube. Allow the cells to lyse while incubating on ice for 30 min to 1 hour. Alternatively disrupt the cells via sonication as detailed above.

Following cell lysis, centrifuge your samples at 10,000 rpm at 2-8°C for 10 minutes. Then, the supernatant is added into Eppendorf tube and detect immediately. Or you can aliquot the supernatant and store it at - 80°C for future assays.

Tissue Homogenates: Rinse the tissue with 1X Sterile PBS to remove excess blood. Mince tissue after weighing it and homogenize in sterile PBS (the volume depends on the weight of the tissue. 9mL PBS (including protease inhibitors) would be appropriate for 1 gram of tissue). To further lyse your cells, you can sonicate the suspension with an ultrasonic cell disrupter or subject it to freeze-thaw cycles. The homogenates are then centrifuged for 5 minutes at 5,000 x g and the supernatant is removed for assaying.

Optimal protein concentration for ELISA assays should be within 1-3mg/ml. Some tissue samples such as liver, kidney and pancreas contain a higher endogenous peroxidase

7. Standard and Reagent Preparation

Manual Washing

Discard the solution in the plate without touching the side of the wells. Clap the plate on absorbent filter paper or other absorbent material. Fill each well completely with 350µl wash buffer and soak for 1 to 2 mins, then aspirate contents from the plate, and clap the plate on absorbent filter paper or other absorbent material. Repeat this procedure for the designated number of washes.

Automated Washing

Aspirate all wells, then wash plate with 350µl wash buffer. After the final wash, invert plate, and clap the plate on absorbent filter paper or other absorbent material. It is recommended that the washer is set for a soaking time of 1 minute (Note: set the height of the needles; be sure the fluid can be taken up completely).

Sample Dilution Guidelines

Determine the concentration of the target protein in the test sample and then select the optimal dilution factor to ensure the target protein concentration falls within the optimal detection range of the kit. Dilute the samples with the dilution buffer provided with the kit. Several dilution tests may be required to achieve the optimal results. The test samples must be well mixed with the dilution buffer. Standard and sample dilution should be performed before starting the experiment.

Note: Matrix components in the sample will affect test results, samples need to be diluted at least 1/2 with Sample Dilution Buffer before testing.

Reagent Preparation

Bring all reagents and samples to room temperature 20 minutes before use (18 - 25°C). For repeated assays, please use only strips and standards required and store remaining reagents at the appropriate temperatures.

1. Wash Buffer:

Dilute 30 ml (15 ml for 48T) of Concentrated Wash Buffer into 750 ml (375 ml for 48T) of Wash Buffer with deionized or distilled water. Store unused solution at 4°C. If crystals have formed in the concentrate, warm at 40°C in water bath (Heating temperature should not exceed 50°C) and mix gently until crystals have completely dissolved. The solution should be cooled to room temperature before use.

2. Standard Dilution:

- 1) Centrifuge the standard tube for 1 min at 10,000 x g.
- 2). Add 1ml of Sample dilution buffer into one Standard tube (labelled as Stock Solution), keep the tube at room temperature for 10 min. Invert the tube several times to mix (or use a low-speed vortex mixer for 3 – 5 seconds).
- 3) Finally, centrifuge for 1 min at 1,000 x g to collect liquid at the bottom of the tube and remove bubbles.

Note: If the standard vial concentration is different to the highest value in the range (please see page 3), please dilute using sample buffer to match highest range value to create stock solution.

- 2). Label 7 Eppendorf tubes with 1/2, 1/4, 1/8, 1/16, 1/32, 1/64 and blank respectively. Aliquot 300µl of the Sample dilution buffer into each tube. Add 300µl of the above (Stock Solution) standard solution into 1st tube and mix thoroughly. Transfer 300µl from 1st tube to 2nd tube and mix thoroughly. Transfer 300µl from 2nd tube to 3rd tube and mix thoroughly, and so on. Sample dilution buffer is used as blank control.

DILUTION SERIES



Stock Solution

Note: The standard solutions are best used within 2 hours. The standard solution series should be kept at 4°C for up to 12 hours. Or store at -20 °C for up to 48 hours. Avoid repeated freeze-thaw cycles.

3. Preparation of biotin-labelled Antibody working solution:

The antibody working solution should be prepared within 30 minutes of starting the assay and it cannot be stored for a long period of time.

1. Calculate the total volume of the working solution: 100µl / well × quantity of wells (Allow 100-200µl more than the total volume).
2. Centrifuge the biotin-labelled antibody for 1 min at 1,000 x g to collect all the liquid at the bottom of the tube.
3. Dilute the biotin-detection antibody with antibody dilution buffer at 1:100 and mix thoroughly (i.e. Add 1µl of Biotin-labelled Antibody into 99µl of Antibody Dilution Buffer.)

4. Preparation of HRP-Streptavidin Conjugate (SABC) working solution:

The SABC working solution should be prepared within 30 minutes of starting the assay and it cannot be stored for a long period of time.

1. Calculate the total volume of the working solution: 100µl / well × quantity of wells. (Allow 100-200µl more than the total volume).
2. Centrifuge the concentrated SABC solution for 1 min at 1,000 x g to collect all the liquid at the bottom of the tube.
3. Dilute the SABC with SABC dilution buffer at 1:100 and mix thoroughly. (i.e. Add 1µl of SABC into 99µl of SABC dilution buffer.)

8. Assay Procedure

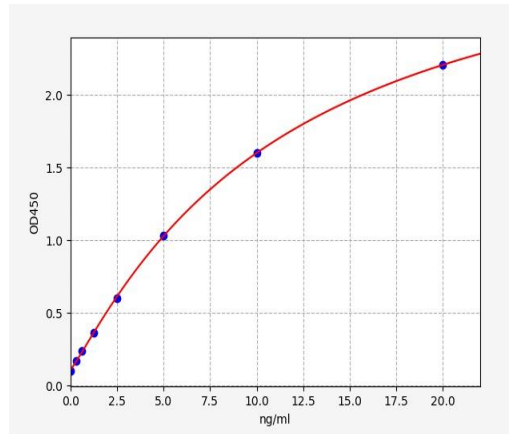
Before adding to the wells, equilibrate the TMB substrate for at least 30 mins at room temperature. When diluting samples and reagents, ensure they are mixed completely and evenly. It is recommended to plot a standard curve for each test.

1. Set standard, **test sample (diluted at least ½ with Sample Dilution Buffer)** and control (zero) wells on the pre-coated plate and record their positions. It is recommended to measure each standard and sample in duplicate.
2. **Standards:** Aliquot 100µl of standard solutions into the standard wells.
3. **Dilution Buffer:** Add 100µl of Sample dilution buffer into the control (blank) well.
4. **Samples:** Add 100µl of properly diluted sample into test sample wells.
5. **Incubate:** Seal the plate with a cover and incubate at 37 °C for 90 mins.

10. Typical Data & Standard Curve

Standard Curve

Results of a typical standard run of an ELISA kit are shown below. This standard curve was generated at our lab for demonstration purpose only. Each user should obtain their own standard curve as per experiment.



Specificity

This assay has high sensitivity and excellent specificity for detection of TRX. No significant cross-reactivity or interference between TRX and analogues was observed.

Note: Limited by current skills and knowledge, it is difficult for us to complete the cross-reactivity detection between TRX and all the analogues, therefore, cross reaction may still exist.

Recovery

Matrices listed below were spiked with a certain level of TRX and the recovery rates were calculated by comparing the measured value to the expected amount of TRX in the samples.

Matrix	Recovery Range (%)	Average (%)
Serum(n=5)	85-103	94
EDTA Plasma(n=5)	86-100	94
Heparin Plasma(n=5)	90-105	97

Linearity

The linearity of the kit was assayed by testing the samples spiked with appropriate concentration of TRX and their serial dilutions.

Sample	1:2	1:4	1:8
Serum(n=5)	87-101%	86-105%	85-99%
EDTA Plasma(n=5)	85-100%	82-101%	83-101%
Heparin Plasma(n=5)	90-99%	83-98%	82-98%

Precision

- **Intra-Assay:** CV<8%
- **Inter-Assay:** CV<10%

Stability

The stability of the TRX is determined by the loss rate of activity. The loss rate of this kit is less than 10% within the expiration date under appropriate storage conditions.

Standard (n=5)	37°C for 1 month	4°C for 6 months
Average (%)	80	95-100

To minimize extra influence on the performance, operation procedures and lab conditions, especially room temperature, air humidity, incubator temperature should be strictly controlled. It is also strongly suggested that the whole assay is performed by the same operator from the beginning to the end.

ELISA Troubleshooting

If the ELISA result is unsatisfied, please take a screenshot for the staining result and store the OD data. Keep used strips as well the rest reagents. Contact us to solve your problem with the kit's catalogue number and batch number. You can also refer to the following table to check the reason.

Assay Genie 100% money-back guarantee!

If you are not satisfied with the quality of our products and our technical team cannot resolve your problem, we will give you 100% of your money back.

Contact Details



Email: info@ASSAYGenie.com

Web: www.ASSAYGenie.com